

Badminton World Training Center
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BWF BADMINTON WORLD TRAINING CENTER

BASED AT THE OLYMPIC TRAINING CENTER / SAARBRÜCKEN / GERMANY.

SAARBRÜCKEN & THE CENTER

The City of Saarbrücken/Germany is the hometown of the Badminton World Training Centre and the Saarland Olympic Training Center. Saarbrücken is located in the heart of Europe. It is within 2 hrs drive west from Frankfurt, 4 hrs east of Paris (by train less than 2 hr) and 1 hr south from Luxembourg. It has an own international/regional airport and is in pretty close distance to all European countries/cities, which organize top badminton events. It is linked to all major German and International traffic networks (railway, motorway, airport). To get more information about Saarbrücken and the area go to www.die-region-saarbrücken.de



Saarbrücken is the capital city of the Saarland region which is a Bundesland (province) of Germany. The Olympic Training Center / BWF Badminton World Training center is integrated into the Hermann Neuberger Sportschule complex. It is the home of different sports and athletes of the Saarland region and German top sports athletes (Badminton, Track & Field, Rowing, Wrestling, Triathlon <Beijing Gold Medal winner Jan Frodeno>. The center provides state of the art training facilities, halls, stadiums, sport science & sport med labs and services, athlete's accommodation & catering. It is nicely nestled and located in the Saarbrücker Stadtwald, a local forest and recreational area and in close neighborhood of the university campus of the Saarbrücken University (30.000 students). To learn more about the Hermann Neuberger Sportschule with pictures and a map of the campus and center, visit www.lsvs.de you can also go to www.olympiastuetzpunkt.org to learn more about the Olympic



Training Center.

ATHLETE'S HOUSES, ACCOMMODATION

All the athletes' houses, the catering facility with athletes' cafeteria, restaurant, the training facilities, administration complex, offices, labs, institutes and clinics are new or recently renovated. It is a perfect location for athletes and their needs for training and living.

The Olympic Training Center is home of some of the German Olympic Top Sports like Triathlon, Track & Field (Javelin, Sprint, long-jump, pole vault), women rowing, wrestling & Badminton. The house of athletes (with high standard single room accommodation <with in-built washroom/shower facilities>) is permanent home for ~ 50 German High Performance World Class Athletes, and Medal Winners of World Championships, Continental Championships and Olympic Games.





NATIONAL TRAINING CENTER BADMINTON

German BA uses the facilities of the Olympic Training Center as their home and National Training Center. Most of the German Top Badminton Players and 4 coaches of German BA are based at the Olympic Training Center. Badminton is played in the 6 - courts Badminton Training Hall, with wooden flooring and rolled out Yonex Badminton Courts. The hall is exclusively used for Badminton on 7x7 24 hrs bases. The Badminton Hall is linked into

an Indoor Track and Field Stadium. A new construction project is under way and will add another 6 court hall to the existing badminton hall (finished 2010).

CATERING

The centre can accommodate up to 150 athletes in different athlete's houses. There is a big catering facility, with an athlete's cafeteria and restaurant. The preparation of specialized sport / athletes' diet and food is a specialty of the experienced kitchen and cooking staff.



All training facilities, houses of athletes, restaurants, sports - science labs are located in a 200m radius (= 2 minutes walking distance) on the complex.

SPORT FACILITIES, HALLS, GYMS, CLINICS AND SPORT – SCIENCE LABS.

The Badminton World Training Centre, the Olympic Training Center and the Herman Neuberger Sportschule are sharing the following world Class sport facilities:

3 x - 45 m indoor multipurpose halls.

1 – Gym exclusively used for gymnastics.

1 – Indoor Track and Field arena.

1 – 6 courts Badminton Hall (wooden flooring + Yonex roll-courts.)

(New 6-court hall will be build in 2010)

3 - World class weight training gyms.

1 – Outdoor Track and Field Stadium.

3 – Football / soccer pitches.

6 – Indoor / outdoor tennis courts.

1 – Olympic size indoor swimming pool.



The athletes of the BWF Badminton World Training Center can use all these facilities and are serviced in the same way as German Olympic Training Centre Athletes.

HIGH PERFORMANCE SPORT SERVICES



1 – Video Lab / 1 – Sports science - Biomechanical Lab.

1 – Physiotherapy / Rehab / Regeneration institute

1 – Sport med Clinic + High Performance Testing Laboratory / Institute

1 – Sauna / Jacuzzi complex.

The BWF Badminton World Training Center athletes have access to all the services and facilities of the Olympic Training Center.



The **Badminton World Training Center Saarbrücken** was opened in March 2005 and has since then gathered excellent experience over more than 5 years running training programs for athletes on Elite Class level. Saarbrücken has experience in running trainings for talent screening / selection camps in 2005 and a permanent program from June 2006 – August 2008 to qualify as many athletes as possible to the 2008 Olympics Beijing.

16 Athletes of the program qualified for the 2008 Olympics and were achieving many times podium results in Continental Championships and international tournaments.

Overall training on court / off-court and high performance services / testing was offered from coaches of international caliber in close co-operation with the competent high performance service team of the Olympic Training centre. All athletes get a long-term stay permit for training and a permanent address at the training centre. The provincial Sport organization, the University of Saarland / sport department & sport medical department, the Olympic Training Centre and the Sport Ministry are partners of the centre.

PROGRAM 2010			
Intakes	2010 Program Dates	Application Deadline	Program Remarks
Performance Intake / Training	From February - March	No deadline	High Performance Training <individualized & timed training> (2 weeks <min.> – 2 month <max.>)
Performance Intake / Training	To continue from April - May	No deadline	High Performance Training <individualized & timed training> (2 weeks <min.> – 2 month <max.>)

Please use the online application form and send to g.huber@bwfbadminton.org

COSTS

Costs for participation are 'all inclusive fees' price depends on the service requested < normally including individualized training & coaching, shuttles, hall, full board accommodation <3 meals> and high performance services <individualized training planning and programs focusing on identified needs to overall enhancement of playing competencies & fitness> including also wireless internet access in all rooms, players lounge and different social activities.

FEES FOR PARTICIPATION IN 2010

40.00 € player / day

250.00 € player / week <7 days>

950.00 € player / month

The fees apply for the participation in the intakes (see above).

More individualized offers for more services (regular physiotherapy, testing, health insurance, etc...) or longer duration in the high performance training intakes according to needs based and desired programs can be worked out for individuals.

PROGRAM 2010

The High Performance Training with individualized training times is offered to top athletes from all over the world who want to train in Saarbrücken and to become better Badminton players.

The competent and experienced coaches' team will work out individual Training plans for all athletes who will join the summer break intakes to significantly improve playing standard as well as the technical skills and all the different physical components needed for improved badminton play.

The High Performance Training with individualized training times, regular sparring with the German National team and International Sparring camps is offered for top athletes from all over the world who want to train in Saarbrücken. Group training and individual training sessions are offered for all athletes and goes along with tournament planning, tournament coaching and high performance services and testing. The following athletes have joined the centre training group (Jan. 2010): Kestutis Navickas (LTU), Petya Nedelcheva (BUL), Olga Konon (BLR), Jeannine Cicognini (SUI), Liane Tan (BEL). All are National Champions singles 2010 in their country.



For application, please use the online application form and send to g.huber@bwfbadminton.org and trainingcenter@bwfbadminton.org

VISITING COACHES

Visiting coaches are always welcome to visit and to attend the training sessions as guests following their athletes or tag along the training as interns assisting the program. Fees are the same as for athletes. Coach education can be offered on request and can be designed individually (different costs apply).

INTERNATIONAL TOURNAMENT PARTICIPATION

The Saarbrücken Badminton World Training Centre can also offer participation in international tournaments for athletes of the High Performance Training (plans will be worked out by the coaches together with the players). Bitburger Open 2010 is played on the doorstep of the training centre. Costs for tournament participation (travel, accommodation, etc...) are not included in the participation fee.



HIGH PERFORMANCE SERVICE

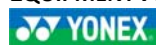
The development of world class athletes demands the support of high performance services. These services are provided by the sport science experts of the Olympic Training Centre, the physiotherapy unit and the Sport Medical Institute of the Saarland University. They will also carry out competency based checks for performance testing, video analysis and individualized planning based on the results of the various tests. Results of the 2005-2008 program were reported and presented in sport journals, magazines and at congresses (Racket Sports Congress Madrid 2007, Sport Congress Sofia/Bulgaria 2007)



IOC / OLYMPIC SOLIDARITY

The Training Centre is partner of the IOC/Olympic Solidarity program. In the past Olympic cycle 10 players with Olympic Solidarity Scholarships were training/living at the Centre. In 2010 we have 2 scholarship holders permanently training in Saarbrücken.

EQUIPMENT PARTNER



Is the equipment sponsor/supplier for the Training Centre. The on court training is on 6 Yonex court mats. Official shuttles for training are Yonex 40.

THE CENTER MANAGEMENT

The center management is highly experienced working now for 5 years with the centre operation, tournament planning, flight/hotel booking, visa application and will also look after the social welfare of the participants offering all kind of social activities including sightseeing, as well as trips to nearby touristic places of interest and can also include shopping in Paris and sightseeing in Luxembourg.

The management service also includes travel booking, visa application letters, address registration, stay permit application (all participants, staying longer than 30 days will get a 'Schengen countries stay permit') local transportation and help with all kind of the daily challenges of an badminton athlete.

COACHING TEAM


Rita Gao Yuan – Former National Team player, China, Chinese Coach Certificate level 1 & 2, since in 1999 In GB, graduated from Scottish Institute of Sport, played and coached Badminton Scotland (join March 2010) <Head Coach>

Blagovest Kissyov – International Player from Bulgaria, former Coach at the Sofia Center, graduated coach from National Sport Academy Bulgaria <Assistant Coach>

 *International assistant coaches / sparring players will help with the summer camps and are invited on a regular basis.*

MANAGEMENT FOR CENTRE OPERATION

Lennart Bohl / Kim Werkle

 *They were already in charge for the management of the Saarbrücken Badminton World Training Centre since 2006.*

Gunther Huber

Director Development / BWF Office Lausanne

Lausanne/Saarbrücken, January 2010